**The Good News**

**July Volume 4 / Issue 10**

July is . . .

Eat Beans Day (July 3), 4th of July (July 4), Macaroni Day (July 7), Ice Cream Day (third Sunday of the month)\*, Hamburger Day (July 28),

Salad Week (4th week)

Berry Month, Blueberry Month, Culinary Arts Month, Grilling Month, Ice Cream Month

Picnic Month

\* Day changes yearly

https://food.unl.edu/july-food-calendar



June Claim - July 26, July Claim - August 30, August Claim - September 23, September Claim - October 31, October Claim - November 26, November Claim - December 27.

During the Sundown Salute time, July 3 - July 7, the streets around the office will be blocked off, please know that you will need to adjust your route if you are dropping off your claim.

**Online training** will be sent to providers who didn't attend a face-to-face training this year in July.

I really enjoyed the panelist information shared during training and the small group sharing information to help build each other’s programs!

The 5 hour modular training that is advertised with the provider calendar isn't an approved online training for the food program or for KDHE. Be sure you enroll in an approved online training.

**Scheduled Home Visits** are starting in June, your 3rd visit for program year 2019. If I have an e-mail for you I will enter an e-mail reminder for you as well as the paper notice will be mailed out to you. Your 3rd visit could be a drop-in visit if we don't have a drop-in meal visit for you or you are on a Corrective Action Plan.



**News from KSDE**

**Crunch Off – October 16**

Kansas is participating in the Mountain Plains Crunch Off with nine other States! Mark your calendars and make plans so that participants can bite into a local apple on this day. The state with the most “crunches” will be crowned the Crunch Champion! Begin getting your Crunch group together; registration information will be shared in the August Newsletter. Contact Barb Depew at bdepew@ksde.org for information about sourcing local apples for the event.

**New Guidelines for Feeding Infants Book** is on its way to the printer and then on its way to you. Providers who currently have infants in care will be given a book first, and then as you enroll an infant you will need to call and request a book.

**Combination Food Clarification**: A combination baby food, such as vegetables and meat, can credit towards one or more food components. Program operators are encouraged to use combination baby foods that include the volume information (and/or ounces for meats/meat alternates) for the food components to be credited on the product label. For example, if a combination baby food of vegetables and meat is offered to the infant and the packaging states it contains ¼ cup vegetables and 1 tablespoon of meat, then it satisfies the full required minimum serving size (as developmentally appropriate) of 2 tablespoons of the vegetable and fruit component, but does not satisfy the full required minimum serving size (as developmentally appropriate) of 4 tablespoons of a meat or meat alternate. Therefore, the program operator would need to offer another meat or meat alternate or iron-fortified infant cereal to meet the full 4 tablespoons of that component.

**Summer Thoughts**

USDA Team Nutrition has free colorful and engaging materials that can be used to empower Child and Adult Care Food Program providers and operators with the knowledge, skills, and expertise to implement the updated CACFP meal pattern requirements. Visit <https://www.fns.usda.gov/cacfp/meals-and-snacks>

**Yogurt** - we have a new approved yogurt sugar limit chart - we will be trading you charts at your next visit, for the updated chart you can go to <https://www.jcfamilyhomeassociation.com/whats-new> to view, download and or print the cereal/yogurt sugar limit chart.



**Skillet Sombrero Pie**

**Ingredients:** 1 lb. ground beef, 1 pkg (10 oz) frozen corn, thawed, 1 can (8 oz) tomato sauce, 1 can (16 oz) tomatoes, 1 pkg. chili seasoning mix, 1 pkg (6 oz) tortilla chips, and 1/2 cup cheddar cheese, grated.

**Directions:** In a large skillet, brown ground beef and drain. Stir in corn, tomato sauce, tomatoes and chili seasoning. Reduce heat. Simmer 10 minutes. Arrange chips in ring around edge of skillet. Sprinkle cheese over meat mixture, heat until cheese melts. Serve.

Servings: 8

Meal Pattern Contribution: ¼ cup vegetable, 1 ½ oz meat/meat alternate and ¾ serving of grains. Need to give the children a few extra tortilla chips to be a full serving.

Submitted by T.Schmidt

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**Enrollments** - Annual enrollment time is coming up in August. I know right! What happened to summer! We will be mailing them to you the first part of August and they are due back to us before August 22nd. The current enrollments are yellow highlighted and they expire July 31, 2019. The new ones will be pink highlighted.

**Infants in your care** need an infant offer form and an enrollment form, these forms serve as proof that you offered the CACFP to all children in your care. Infants need to be listed on the cover-sheet and in daily attendance. Infants need menu's and meal attendance filled out for reimbursement. On the infant offer form you need to put down the formula that you would offer and the parent will mark the box to accept or the parent will mark to provide the formula and they will list the type they will provide. To be reimbursed the parent can only provide one component, so if they provide breast-milk or formula then you will need to provide the rest.

**Prayer Request for Christine** as she is recovering from surgery. She will be out of the office for at-least one more month. We miss her. Vanda and Barbara are covering her visits for her. Thank you.

**Contact Us**

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